

Introduction to Suturing



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World's oldest occupation...



Surgeon-Barber

In a traditional barber's shop there are three types of towels:

1. White
2. Blue
3. Red

What do these colors stand for?



Objectives of Suturing

1. Alignment of wound edges
2. Gapping of tissue losses
3. Strength & Support
4. Hemostasis
5. Preventing Infection

Instruments grip – Needle Holder

Palming

During suture passing



Fingers 1+4 (Standard Grip)

During needle loading



Instruments grip – Needle Holder

Backhand move



Forehand move



Forehand Vs. Backhand



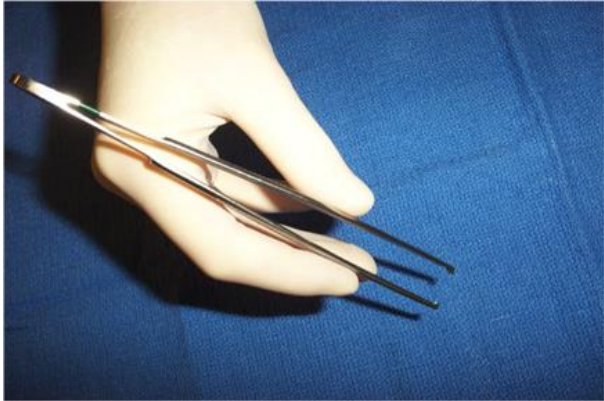
Right sided people move hands from **right to left**



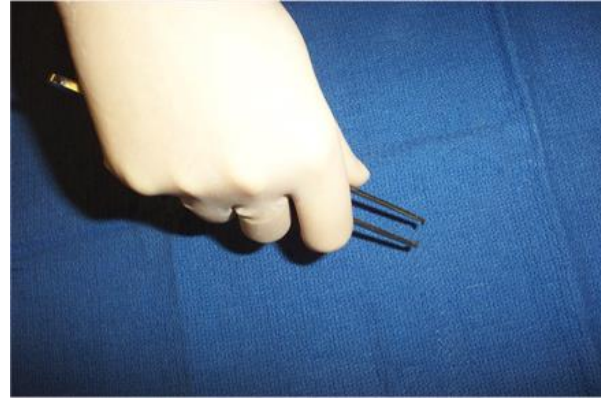
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Instruments grip – Tissue Forceps

Correct way:
Chopsticks grip



Incorrect way:
Tweezers like grip



1st Rule: Use of Both Hands



2nd Rule: Traction & Countertraction



3rd Rule: Economy of Movements

